

1 **Fates and travel times of Denmark Strait Overflow Water in the**  
2 **Irminger Basin**

3 **INGA KOSZALKA\* THOMAS W. N. HAINE**

*Johns Hopkins University, Earth and Planetary Sciences, Baltimore, United States*

4 **MARCELLO G. MAGALDI**

*CNR - Consiglio Nazionale delle Ricerche, ISMAR -Istituto di Scienze Marine, Lerici, Italy*

*and Johns Hopkins University, Earth and Planetary Sciences, Baltimore, United States*

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\* *Corresponding author:*

E-mail: inga.koszalka@jhu.edu

## ABSTRACT

5  
6 The Denmark Strait Overflow (DSO) supplies about one third of the North Atlantic Deep  
7 Water and is critical to the global thermohaline circulation. Knowledge of the pathways of  
8 DSO through the Irminger Basin and its transformation there is still incomplete however. We  
9 deploy over 10,000 Lagrangian particles at Denmark Strait in a high resolution ocean model  
10 to study these issues. The particle trajectories show that: First, the mean-position and  
11 potential density of dense waters cascading over the Denmark Strait sill evolve consistently  
12 with hydrographic observations. These sill particles transit the Irminger basin to the Spill Jet  
13 section ( $65.25^\circ$  N) in 5-7 days and to the Angmagssalik section ( $63.5^\circ$  N) in two-three weeks.  
14 Second, the dense water pathways on the continental shelf are consistent with observations  
15 and particles released on the shelf in the Strait constitute a significant fraction of the dense  
16 water particles recorded at the Angmagssalik section within 60 days ( $\sim 25\%$ ). Some particles  
17 circulate on the shelf for several weeks before they spill off the shelf break and join the  
18 overflow from the sill. Third, there are two places where the water density following particle  
19 trajectories decreases rapidly due to intense mixing: southwest of the sill and southwest of  
20 the Kangerdlugssuaq Trough on the continental slope. After transformation in these places,  
21 the overflow particles exhibit a wide range of densities.

## 22 1. Introduction

23 The Denmark Strait Overflow (DSO) is one of the major export routes for the dense  
24 waters formed in the Arctic Ocean and the Nordic Seas. The dense waters pass through the  
25 Irminger Basin toward the North Atlantic where they supply about one third of the North  
26 Atlantic Deep Water, a major component of the global thermohaline circulation (Dickson  
27 and Brown 1994). The DSO transmits the climate signals from its source regions, modified  
28 en route by mixing and entrainment, and affects the properties throughout the water column  
29 in the North Atlantic (Dickson et al. 2008; Yashayaev and Dickson 2008).

30 The 620-m deep Denmark Strait (DS) sill is the main gateway for dense waters exiting  
31 the Greenland Sea to the Irminger Basin and is a key location for observing the DSO at  
32 the start of its transit to the North Atlantic (Dickson et al. 2008). Measurements show that  
33 the dense overflow through the sill is fast (speeds frequently exceed 1 m/s) and occurs as  
34 pulses of dense water (referred to as boluses) cascading to the deep water south of the sill  
35 at intervals of 2-5 days. On longer timescales, DSO appears as a steadier and hydraulically  
36 controlled flow with a mean transport of approximately 3 Sv ( $1 \text{ Sv} = 10^6 \text{ m}^3 \text{ s}^{-1}$ ; Käse and  
37 Oschlies 2000; Macrandar et al. 2007; Jochumsen et al. 2012). DSO temperature and salinity  
38 vary on a timescale of a few-days, owing to mesoscale activity and intense mixing processes  
39 near the sill (Rudels et al. 1999; Tanhua et al. 2005). The seasonal signals in the DSO  
40 transport and properties are weak (Dickson and Brown 1994; Jochumsen et al. 2012). The  
41 overflow composition exhibits interannual-to-decadal variations, however, most likely linked  
42 to changes in the upstream source waters or pathways (Rudels et al. 2002a). These changes  
43 in turn are possibly linked to atmospheric forcing and in particular to variations in the North  
44 Atlantic Oscillation (Yashayaev and Dickson 2008; Serra et al. 2010).

45 During the first 250 km of the DSO descent from the sill, hydrographic sections show  
46 that the mixing is intense (Voet and Quadfasel 2010). The volume transport nearly doubles  
47 through entrainment (Dickson et al. 2008), mainly of the warm and saline Irminger Current  
48 (Tanhua et al. 2008). Further downstream, there are two major measurement sites used to

49 monitor the dense overflow in the Irminger Basin. At the Spill Jet (SJ) section, 285 km south-  
50 west from DS sill, the DSO follows the continental slope transporting approximately 5 Sv  
51 (Brearley et al. 2012)<sup>1</sup>. The variability due to passage of the DSOW boluses is pronounced  
52 at this site. The boluses are associated with cyclonic eddies that occupy intermediate and  
53 surface layers and are visible in satellite imagery (Bruce 1995; Spall and Price 1998). Ship  
54 surveys at the SJ section suggest that dense waters spill over the shelf break into the Irminger  
55 Basin (Rudels et al. 2002b; Pickart et al. 2005; Falina et al. 2012). These spilling events are  
56 believed to feed the Spill Jet, a strong flow of intermediate waters banked against the slope  
57 and overlying the DSO at the SJ section (Pickart et al. 2005). At 530 km downstream of  
58 the Denmark Strait, an array of current meters moored on the East Greenland Slope off  
59 Angmagssalik<sup>2</sup> has been operated continuously since 1998. At this section, the transport of  
60 DSO is estimated to have increased to over 7 Sv in a long-term average (Dickson et al. 2008).  
61 This increase is due to entrainment of Iceland-Scotland Overflow Water and Labrador Sea  
62 Water (Tanhua et al. 2008). The variability due to the DSO boluses is less distinct at the  
63 Angmagssalik section; the dense plume is characterized by broad maxima in the frequency  
64 spectrum at 1-10 day periods (Voet and Quadfasel 2010).

65 There have been several modeling studies of the DSO. A series of papers considered the  
66 dynamics at the Denmark Strait sill (e.g., Spall and Price 1998; Käse and Oschlies 2000;  
67 Käse et al. 2003; Haine et al. 2009). Others, such as Köhl (2010) and Hall et al. (2011),  
68 adopted a large-scale perspective, focusing on the variability of the DSO source upstream of  
69 the Denmark Strait sill and its major pathways. The spatial discretizations of the models  
70 were too coarse to resolve the evolution of the DSO downstream of the sill. The highest  
71 resolution to date was achieved by the study of Magaldi et al. (2011, 2-km grid spacing  
72 in the horizontal and 97 vertical levels). Still, their configuration lacked adequate vertical  
73 resolution to resolve the dense boluses because the vertical grid spacing at the relevant depths

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<sup>1</sup>The dense current following the shelf break, comprising of DSOW and entrained waters, is also referred to as the Deep Western Boundary Current (Brearley et al. 2012).

<sup>2</sup>Angmagssalik is the former name of the south east Greenland town of Tassilaq.

74 (2000m) was 100m, which is similar to the bolus height in the Irminger Basin (Käse et al.  
75 2003, Fig. 6).

76 Due to the sparseness of observations and the resolution limitations of numerical ex-  
77 periments, there are several open issues regarding the DSO in the Irminger Basin: First,  
78 the observations suggest there are alternate pathways of dense waters on the continental  
79 shelf in the Denmark Strait that are missed by the main measurement arrays. Dense water  
80 ( $\sigma_\theta \geq 27.8$ ) has repeatedly been observed on the shelf as far as 150 km north-west of the sill  
81 (Macrander et al. 2007; Brearley et al. 2012). It is also observed in the 650-m deep Kangerd-  
82 lugssuaq Trough intercepting Denmark Strait (Rudels et al. 2002b). At the Dohrn Bank  
83 (50-100 km south of the sill) dense water has been observed to spill off the shelf and join the  
84 DSO (Rudels et al. 1999). The pathways of these dense waters on the shelf, their connection  
85 to spilling events at the Spill Jet section (Pickart et al. 2005), and their contribution to the  
86 overflow remain unclear.

87 Second, the DSO transformation rates that change the water temperature, salinity, and  
88 density downstream of the Denmark Strait are not well quantified. For this reason it is  
89 difficult to identify DSOW at different measurement sites in the Irminger Basin or to estimate  
90 its volume transport. Dickson and Brown (1994) used a convenient criterion,  $\sigma_\theta \geq 27.8$ , to  
91 define the overflow component that contributes to North Atlantic Deep Water. On this basis  
92 they drew an influential transport scheme for dense waters in the subpolar North Atlantic  
93 that describes the evolution of the DSO. The scheme shows a dense water plume crossing  
94 the Denmark Strait sill and proceeding south along the East Greenland slope through the  
95 Irminger Basin. Below, we call this scheme the *conventional* view of the overflow. The  
96 ( $\sigma_\theta \geq 27.8$ ) criterion has been widely used to track the DSOW in the Irminger Basin (Girton  
97 and Sanford 2003; Macrander et al. 2007; Köhl 2010; Magaldi et al. 2011; Brearley et al.  
98 2012). The criterion is problematic, however, because of the water mass transformation that  
99 occurs in the Irminger Basin and the variability in the source-water properties of DSOW  
100 (Dickson et al. 2008; Brearley et al. 2012).

101 Third, the time scales of the DSO transit through the Irminger Basin are uncertain. The  
102 *transit times* are usually inferred by correlating hydrographic records from different stations.  
103 This method gives a time scale of 10 weeks for propagation from Denmark Strait to the  
104 Angmagssalik section (Dickson et al. 2008). One can also estimate the *advective time scale*  
105 from the velocity records. The mean overflow speed in the Irminger Basin is  $\sim 0.3 \text{ m s}^{-1}$   
106 (Girton and Sanford 2003; Dickson et al. 2008). This value implies a much shorter transit  
107 time of 3 weeks. It is unclear how to reconcile these estimates and how to relate them to  
108 trajectories of individual water particles.

109 This paper explores the pathways and evolution of the DSO in the Irminger Basin. We  
110 employ the Lagrangian (particle-following) framework because it traces the water masses  
111 directly. Water-property transformation is easily assessed from time series of the proper-  
112 ties along particle trajectories (Döös 1995; Song and Rossby 1997; Dutkiewicz et al. 2001).  
113 Lagrangian instruments provide the high space-time resolution needed to resolve mesoscale-  
114 and submesoscale processes that mix and exchange properties between water masses. To ob-  
115 serve dense, deep flows acoustically-tracked subsurface floats have been used (Rossby et al.  
116 1986). These floats have been successfully applied at the Iceland-Faroe Ridge and in the  
117 Norwegian Sea (Søiland et al. 2008; Rossby et al. 2009), but not yet in the DSO. In lieu of  
118 real observations, we use a high resolution regional ocean model (Magaldi et al. 2011) and  
119 integrate over 10,000 Lagrangian particles to study the transit of dense waters through the  
120 Irminger Basin. The particles are deployed on a section crossing the entire Denmark Strait  
121 in waters denser than  $\sigma_\theta = 27.8$  and advanced with three-dimensional model velocity fields.

122 The paper is organized as follows. Section 2 presents the numerical model and the particle  
123 integration technique. In section 3 we show model results on the spatial distribution and  
124 properties of the dense flows and the results on the mean pathways, transformation, and  
125 transit times. The summary and discussion are given in section 4.

## 126 2. Methods

127 We describe here the numerical model, as well as the integration technique that we use  
128 to simulate Lagrangian particles using the model fields.

### 129 *a. Numerical model*

130 We employ a hydrostatic version of the Massachusetts Institute of Technology general  
131 circulation model (MITgcm; Marshall et al. 1997) configured for the Irminger Basin. The  
132 model setup is identical to that of Magaldi et al. (2011) except it has increased vertical  
133 resolution (see below). The model simulates summer 2003 (1 July–31 August). As the  
134 overflow transport and properties throughout the Irminger Basin show little variation at  
135 seasonal time scales (see Introduction), this period resolves the primary variability of the  
136 overflow. In fact, Dickson and Brown (1994) verified that the overflow diagnostics at the  
137 Angmagssalik section converge in about a month. Also Haine et al. (2009) found that the  
138 dense water flux in the Denmark Strait is controlled by the internal ocean dynamics rather  
139 than the seasonally-modulated atmospheric forcing. The interannual variations of dense  
140 overflows have been addressed elsewhere (Köhl 2010; Serra et al. 2010); our configuration  
141 focuses on the high spatial resolution needed to resolve the processes controlling the dominant  
142 variability (Haine et al. 2009).

143 The model uses partial bottom cells and a rescaled height coordinate to accurately sim-  
144 ulate flows over steep topography (Adcroft and Campin 2004). It also features a nonlinear  
145 free surface, a flow-dependent Leith biharmonic viscosity, and a third-order advection scheme  
146 with zero explicit diffusivity for tracers. The K-profile parameterization (Large et al. 1994) is  
147 used with a background vertical viscosity of  $10^{-5} m^2 s^{-1}$ . The equation of state is according  
148 to Jackett and McDougall (1995). There are three open boundaries (north, east, south); the  
149 west boundary is closed at the east coast of Greenland. The boundary conditions for tracers  
150 and velocities are obtained from the  $1/12^\circ$  resolution North-Atlantic non-tidal experiment of

151 the Hybrid Coordinate Ocean Model (HYCOM Chassignet and Coauthors 2009). No-slip  
152 conditions are applied to all material boundaries. For the wind stress we use the composite  
153 SeaWinds product (Zhang et al. 2006, resolution  $0.25^\circ$ ). Other atmospheric variables used to  
154 force the model are derived from the National Centers for Environmental Prediction (NCEP)  
155 6-hourly reanalysis (Kalnay and Coauthors 1996).

156 The model has a nominal horizontal spacing of 2 km. The only change with respect to  
157 the setup of Magaldi et al. (2011) is increased vertical resolution, from 97 to 210 levels, with  
158 grid cell height ranging from 2 m at the surface to 15 m at depths greater than 100 m. This  
159 change improves the simulation of the overflow occupying the 1000-2000 m depth range in  
160 the Irminger Basin (the vertical grid size is reduced from 100 m to 15 m at these depths). To  
161 our knowledge, this is the highest resolution ocean model configuration of the overflow into  
162 the Irminger Basin to date.

163 *b. Integration of synthetic Lagrangian particles*

164 The numerical particles are simulated offline using output velocity fields from the model.  
165 The deployment strategy is discussed in the next section, following the presentation of the  
166 model results regarding the dense water masses. Here we focus on the technical aspects of  
167 the integration. The particles are fully Lagrangian, that is they move in three dimensions.  
168 There is no explicit diffusion in the particle code as we assume that all the information  
169 about the flow is contained in the model velocity field. For the particle code, we employ the  
170 MATLAB software. The particles are advanced using ode23t, a trapezoidal solver with a  
171 2nd-order predictor and 3rd-order corrector scheme<sup>3</sup>. The relative tolerance is set to  $10^{-6}$ ,  
172 the absolute horizontal and vertical tolerance values are 1 m and 1/10 of the vertical grid  
173 height at the instantaneous particle position. At each time step  $i$ , the model velocities

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<sup>3</sup>We tested ode45, ode15s, ode113, ode23t and ode23bt from the MATLAB suite. Considering particle displacement statistics, the differences between the solvers were insignificant, but they differed in terms of the computational time; ode23t was the fastest solver for this problem.



174 at  $i$  and  $i + 1$  are linearly interpolated on particle positions and passed to the MATLAB  
175 solver. We conducted a sensitivity study and found that a time step  $dt = 15$  minutes is  
176 sufficient to resolve the variability of the model velocity field (which is dominated by dense  
177 boluses cascading over bathymetric slopes, and associated internal waves)<sup>4</sup>. For the boundary  
178 conditions, the velocity component normal to the boundary is zero and the particles slide  
179 along the bottom and walls of the domain. The particle trajectories terminate upon reaching  
180  $62^\circ$  N and  $69^\circ$  N (the meridional boundaries of the numerical model are at  $60^\circ$  N and  $70^\circ$  N,  
181 but we narrow this range to avoid sponge layer effects at open boundaries). The code is  
182 available from the corresponding author.

183 Once the particle trajectory integration is completed, time series of temperature and  
184 salinity are obtained by linear interpolation from the model property fields onto particle  
185 trajectories at each time step using the zero gradient condition at the boundary. The model  
186 equation of state (Jackett and McDougall 1995) is then used to compute the density.

### 187 **3. Results**

#### 188 *a. Dense circulation in the numerical model and comparison with data*

189 To evaluate the model realism and give context for the particle deployment strategy,  
190 we first present Eulerian results on the dense water flows. We define the dense waters  
191 by  $\sigma_\theta \geq 27.8 \text{ kg m}^{-3}$  (e.g., Dickson and Brown 1994; Tanhua et al. 2005, where  $\sigma_\theta + 1000$   
192 is potential density referenced to the surface; we will drop the unit hereafter and refer to

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<sup>4</sup>The sensitivity study relied on simulating a cluster of 81 particles released at the Denmark Strait sill. We varied the time step and inspected the mean horizontal and vertical positions, velocity distributions, spectra and autocorrelations, and travel times to the Angmagssalik section. The horizontal velocity and travel time statistics converged at  $dt = 0.25$  day, but the vertical position statistics required  $dt = 15$ min to do so. This time step resolves the Lagrangian decorrelation scale, which is  $\sim 1$  day and  $\sim 0.25$  day for horizontal and vertical components respectively.

193 potential density simply as: “density”). Figure 1a shows a map of the frequency of occurrence  
194 of dense water during the two-month simulation<sup>5</sup>. The depth-averaged current vectors in the  
195 ( $\sigma_\theta \geq 27.8$ )-layer are superimposed. Dense waters are recorded continuously in the central  
196 Irminger Basin and the Denmark Strait and stretch on the East Greenland Shelf (EGS) as  
197 far as 200 km south of the Strait. The fastest dense flow traces the conventional DSO over  
198 the sill and south along the continental slope. The mean speeds of this plume reach 1 m/s  
199 at the sill and  $\sim 0.5$  m/s downstream.

200 The positions of major hydrographic and mooring sections focused on the DSO are  
201 marked with red lines in Fig. 1a. The hydrographic section at the Denmark Strait sill is  
202 centered at  $-28^\circ$  E,  $66^\circ$  N (Girton and Sanford 2003; Macrander et al. 2007). Approximately  
203 300 km downstream along the continental slope is the Spill Jet section (SJ,  $-33^\circ$  E,  $65^\circ$  N  
204 Pickart et al. 2005). Another 300 km along the slope, the Angmagssalik array is moored  
205 ( $-36^\circ$  E,  $63^\circ$  N Dickson et al. 2008; Hall et al. 2011). Note that the model dense waters ex-  
206 tend northwest of the sill on the shelf, consistent with observations (Macrander et al. 2007;  
207 Brearley et al. 2012). Also, as reported in observations (Rudels et al. 2002b), dense waters  
208 fill the 650 m–deep Kangerdlugssuaq Trough that cuts the Strait and shoals gradually toward  
209 the shelf break near the SJ section. The flow in the Trough is cyclonic and can potentially  
210 drain dense water toward the shelf break. On the Dohrn Bank, there is an anticyclonic  
211 recirculation that facilitates the transfer between the Trough and the sill and redistributes  
212 dense waters on the shelf.

213 We report the model volume transports first. Magaldi et al. (2011) analysed the same  
214 model configuration but with lower vertical resolution. They found that the dense water  
215 transports at Denmark Strait Sill ( $-2.9 \pm 1.7$  Sv for  $\sigma_\theta \geq 27.8$ )<sup>6</sup> and the SJ section ( $-6.1 \pm$   
216  $2.8$  Sv) are consistent with observations (Jochumsen et al. 2012; Pickart et al. 2005, negative

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<sup>5</sup>Figure 1 of Magaldi et al. (2011) shows the full domain; all the figures here display the central area of interest only.

<sup>6</sup>Plus/minus bounds indicate the standard deviations of transport time series and are measurements of model transport variability.

217 transports are equatorward). This agreement holds for the 210-level run ( $-3.0 \pm 1.8$  Sv and  
 218  $-5.4 \pm 3.0$  for the DS sill and the SJ sections, respectively). The volume transport at  
 219 Angmagssalik section is highly variable, but the 2-month average for the overflow core ( $\sigma_\theta \geq$   
 220  $27.85$ ) and for the entire line (moorings UK1-F2) is  $-4.2 \pm 2.3$  Sv, which matches well with the  
 221 observations (4 Sv, Dickson et al. 2008, their Table 19.2). For  $\sigma_\theta \geq 27.8$ , the model volume  
 222 transport is  $-7.2 \pm 2.0$  Sv, indistinguishable from  $-7.3$  Sv in observations. This consistency  
 223 builds confidence that the model dense water transport processes are realistic.

224 We also verify that the model reproduces the hydrographic structure and variability of  
 225 the overflow at the Denmark Strait and downstream. The dense waters cascade from the  
 226 Denmark Strait sill at 2-5 day intervals in the form of 30-50 km-wide dense water boluses.  
 227 The descent of model boluses leaving the sill is shown by Magaldi et al. (2011, Fig. 5), repli-  
 228 cating the observations from Käse et al. (2003). Figure 1b further visualizes the mesoscale  
 229 variability at the Strait in a snapshot of the depth-averaged density field for model points  
 230 satisfying  $\sigma_\theta \geq 27.8$ . Four boluses are visible: one is forming from the dense water wedge  
 231 just north of the sill, one is cascading down the sill, one is crossing the SJ section and one  
 232 is 100 km further downstream. These two last boluses are  $0.05 \text{ kg m}^{-3}$  lighter than the one  
 233 cascading over the sill, implying strong mixing has taken place between the sill and the SJ  
 234 section. Further south, the boluses gradually disappear and are hardly recognizable in the  
 235 density field at the Angmagssalik array. The boluses follow the isobaths of the continental  
 236 slope and form, on average, the path of the time-mean plume (Käse et al. 2003) visible in  
 237 Fig. 1a. An intense water mass exchange also occurs on the Dohrn Bank ( $-30^\circ\text{E}$ ,  $-65.5^\circ\text{N}$ ),  
 238 mediated by the anticyclonic circulation visible in the mean current field in Fig. 1a. This  
 239 exchange supplies the very dense ( $\sigma_\theta \geq 27.88$ ) waters from the sill to the Kangerdlugssuaq  
 240 Trough. Finally, there is a spilling event in Fig. 1b at the shelf break where the dense waters  
 241 from the Kangerdlugssuaq Trough connect with a passing bolus.

242 The conventional Denmark Strait sill section misses much of the dense water spread over  
 243 the Strait. Therefore we extend the section toward the coast to capture the entire dense

244 water layer and refer to it as the Denmark Strait Extended section (DSE, marked in Fig. 1a).  
 245 A snapshot of density along this section is shown in Fig. 2a. It shows a dense water bolus  
 246 passing through the sill on July 4. The densest fraction ( $\sigma_\theta \geq 27.9$ ) resides at the bottom of  
 247 the Kangerdlugssuaq Trough and in the sill. The dense bolus is banked against the western  
 248 flank of the sill and there is a sharp front to the east associated with an inflow of lighter  
 249 Atlantic water in the Irminger Current (Magaldi et al. 2011). This circulation pattern (a  
 250 dense outflow on the western flank, a light inflow on the eastern side) is consistent with  
 251 a theoretical solution for a rotating, hydraulically controlled flow in a sill wider than the  
 252 Rossby radius (Whitehead et al. 1974; Käse and Oschlies 2000), and is also corroborated by  
 253 observations (e.g., Girton et al. 2001; Macrander et al. 2007).

254 The potential temperature ( $\theta$ )–salinity ( $S$ ) diagram corresponding to Fig. 2a appears in  
 255 Fig. 2b, color-coded by position on the section. The densest ( $\sigma_\theta > 28$ ) waters fill the bottom  
 256 of the sill, but for  $\sigma_\theta < 27.9$  the water in the sill, on the shelf and in the Kangerdlugssuaq  
 257 Trough are indistinct in  $\theta$ – $S$  space. The dense overflow is composed of Arctic Atlantic Water  
 258 and Re-circulating Atlantic Water (AAW and RAW, which are characterized by  $27.70 < \sigma_\theta \leq$   
 259  $27.97$ , and are colder and warmer than  $2^\circ\text{C}$ , respectively, see Rudels et al. 2002b). Some of  
 260 the water lies on a mixing line between AAW and Polar Intermediate Water (PIW:  $\sigma_\theta > 27.7$   
 261 and  $\theta < 0^\circ\text{C}$ ); it corresponds to a fresh, cold lid capping the dense bolus (visible in  $\theta$  and  $S$   
 262 sections not shown here). These fresh lenses have been observed by Rudels et al. (1999), and  
 263 the model properties follow their L3 station where the fresh lens was observed (their Fig.  
 264 2d). The warm ( $\theta \geq 5^\circ\text{C}$ ) and saline water closer to Iceland is the Atlantic Water (AW) of  
 265 the Irminger Current. The dense waters on the shelf and in the Kangerdlugssuaq Trough are  
 266 overlaid by fresher Polar Surface Water “warm” (PSWw). The model  $\theta$ – $S$  samples indicate  
 267 intense diapycnal mixing of the dense waters and PSWw consistent with hydrography (Rudels  
 268 et al. 2002b; Tanhua et al. 2005). There are also signs of mixing with AW in the Irminger  
 269 Current. From Figs. 1a and b, as well as horizontal snapshots of  $\theta$  and  $S$  (not shown), we  
 270 deduce that the mixing is due to recirculation on the shelf that involves dense waters, fresh

271 polar waters and warm and salty Irminger Current water, some of which penetrates onto  
272 the shelf. These isolated Irminger Current lenses on the shelf in Denmark Strait have been  
273 repeatedly observed (Rudels et al. 2002b; Brearley et al. 2012).

274 Between boluses, the volume of dense water in the sill decreases and the height of the  
275 plume reduces from 300 m to 20-50 m, consistent with observations (Bruce 1995; Käse et al.  
276 2003). The cold, fresh water ( $\theta < 1^\circ\text{C}$ ,  $S < 34.9$ ) is then absent from the  $\theta$ - $S$  diagram and  
277 the front lies 50 km closer to the shelf. This westward front migration during low-overflow  
278 events has been observed by Rudels et al. (1999). The dense waters in the Kangerdlugssuaq  
279 Trough and on the shelf, on the other hand, exhibit much less temporal variability.

280 At the SJ section, our simulation replicates the results of Magaldi et al. (2011) faithfully  
281 representing the observed hydrography. At the Angmagssalik section, the overflow core  
282 (identified by  $\sigma_\theta \geq 27.85$  and the salinity minimum, see Dickson et. al., 2008) is located  
283 on average between moorings G1 and UK2, centered at the 2300-m isobath. It has a mean  
284 salinity of 34.9 and a mean temperature of  $2.5^\circ\text{C}$ , slightly higher than the long-term means  
285 from the moorings. The year 2003 was particularly warm and saline, however (Dickson et.  
286 al., 2008, their Fig. 19.11 and 19.12; see also Yashayaev and Dickson, 2008). The model  
287 property time series at Angmagssalik (not shown) vary on longer time scales (3-10 days)  
288 than at the sill, consistent with the observations of Voet and Quadfasel (2010). This fact  
289 reflects the overflow boluses becoming less pronounced in the density field (Fig. 1b).

#### 290 *b. Particle deployments at the Denmark Strait*

291 To resolve the cycle of volume transport variability at DS sill due to boluses (2-5 day  
292 period, e.g., Girton and Sanford 2003; Macrander et al. 2007), particles are released every  
293 12 hours for 5 days from 1 July 2003. This schedule samples the dominant volume transport  
294 variability (see Figure 6 of Magaldi et. al., 2011, which is consistent with the observations  
295 of Dickson et. al. 2008): the first 2.5 days correspond to low flow through the sill and the  
296 second 2.5 days capture the passage of a dense water bolus. The particle initial positions

297 are separated by 2 km in the horizontal and 25 m in the vertical directions and all particles  
298 initially have density  $\sigma_\theta \geq 27.8$ . There are 11,813 particles in total. Each set of particles  
299 is advanced for 57 days to ensure the same time series length. We analyze all the particles  
300 together, thus averaging over the variability at the sill. The particles are classified into 3  
301 subsets according to their initial position  $d_o$  along the DSE section with the origin  $d_o=0$   
302 at the bottom of the sill and negative and positive distances in the NW and SE directions,  
303 respectively (see Fig. 2a).

- 304 • Particles deployed at the Denmark Strait Sill ( $d_o > -70$  km) correspond to the conven-  
305 tional overflow (SILL, 3301 particles), which has received most of the observational  
306 focus.
- 307 • Particles deployed on the adjacent shelf:  $d_o$  between -160 km and -70 km along the  
308 section, depth shallower than -320 m (SHELF, 1827 particles).
- 309 • Particles deployed in the Kangerdlugssuaq Trough,  $d < -160$  km (KANGER, 6685 par-  
310 ticles)

311 Note that the SILL subset, which tracks the conventional DSO, contains only 28% of  
312 the dense waters across the DSE, while KANGER and SHELF fractions add 56% and 16%,  
313 respectively. In terms of volume transport, the mean southward transport attributable to  
314 the particles (the product of the particle speed perpendicular to the section and the cross-  
315 sectional area of the model grid cell) is 2 Sv. The contribution of the SILL particles to the  
316 volume transport over the 5-day deployment period is 94% (varying between 1 and 3.2 Sv).  
317 The SHELF and KANGER particles are moving in both directions across the section due to  
318 flow reversals associated with the recirculations. Their average contributions to the volume  
319 transport are 4% and 2%, respectively.

320 We refer to the part of the Denmark Strait northwest of the sill, encompassing the shelf  
321 adjacent to the sill and the Kangerdlugssuaq Trough, as the *continental shelf*.

322 *c. Particle trajectories - a general description*

323 Trajectories are shown in Fig. 3a, color-coded by the initial distance along the section.  
324 Animations of particle evolution, in a horizontal and 3-dimensional view are accessible via  
325 the Supplementary Material (Animations 1 and 2, respectively). Weekly snapshots of the  
326 particle positions are shown in Fig. 4. The preferred pathways are shown in Fig. 5a.

327 The particles reveal the complexity of the pathways of dense water from Denmark Strait.  
328 They clearly depict the “conventional” route along the East Greenland shelf break. But the  
329 trajectories on the shelf part of the Strait trace multiple recirculations and some of them  
330 spill off the shelf and contribute to the along-slope flow. During the 2-month integration,  
331 3737 particles (32% of the total deployment) reach 62° N; 61% of these were deployed at DS  
332 sill (SILL particles), the SHELF and KANGER sets contribute 24% and 15%, respectively  
333 (Table 1). Over half of the particles (6906, 59%) stay within 200 km of their release position.  
334 The majority of these (78%) are deployed in the Kangerdlugssuaq Trough. Only 5 particles  
335 reach 69° N, all from the KANGER group. We now look at the evolution of particles released  
336 in different locations along the DSE section.

337 The SILL particles (blue trajectories in Fig. 3a, blue dots in Animations and in Fig. 4,  
338 bottom right panel in Fig. 5a) show two distinct behaviors. The majority (69%) cascade over  
339 the sill, follow the shelf break southward (the conventional route) and reach 62° N within the  
340 integration period. The particles released in the core of a dense bolus in the deepest part of  
341 the sill have the highest exit rate (nearly 100%; Fig. 3b). Some of them cascade to the sea  
342 floor and proceed as a dense water plume, others occupy shallower depths as intermediate  
343 waters, implying that water mass modification occurred along their trajectories (see section  
344 3e). Some 178 particles ascend up onto the continental shelf for at least 1 day. Most of these  
345 particles enter the shelf near a deflection in the 500 m isobath (-34° E, 65° N, see Animation 1)  
346 that probably destabilizes the along-isobath flow. Almost one-quarter of the SILL particles  
347 (22%) get swept by the anticyclonic recirculation on the Dohrn Bank and directed into the  
348 Kangerdlugssuaq Trough and are still found within 200 km of the release site at the end of

349 the simulation (Table 1).

350 About half of the SHELF particles (cyan trajectories in Fig. 3a, cyan dots in Animations  
351 and in Fig. 4, bottom left panel in Fig. 5a), after looping for about a week in the anticyclonic  
352 recirculation on the Dohrn Bank (see Animations 1 and 2), spill off the shelf break at -  
353 (29–30)°E and proceed along the shelf southward. These particles reach 62° N within the  
354 simulation period, constituting almost one quarter of the particles that exit (Table 1). Many  
355 particles (44%) recirculate on the Dohrn Bank and in the Kangerdlugssuaq Trough, and the  
356 remainder are en route along the EGS break.

357 The majority (81%) of the KANGER particles (red trajectories in Fig. 3a, red dots in  
358 Animations and in Fig. 4, upper panel in Fig. 5a) recirculate in the Denmark Strait and  
359 are found there at the end of the simulation (see also Fig. 3b). The remaining particles  
360 are carried by the cyclonic flow in the Kangerdlugssuaq Trough toward the shelf break and  
361 spill into the Irminger Basin near the SJ section. The first spilling of KANGER particles,  
362 deployed on the western flank of the Trough, and thus advected directly toward the shelf,  
363 occurs approximately 3 weeks after the deployment. This provides an estimate of the half-  
364 recirculation period in the Trough (see section 3f). The spilled particles join the dense flow  
365 along the slope and eventually exit at 62° N. The particles released at the western flank of  
366 the Trough have a higher ( $\sim 40\%$ ) exit rate because the cyclonic circulation in the Trough  
367 carries them directly toward the shelf break thus facilitating their spilling (Fig. 3b). During  
368 the 2-month record, the KANGER particles comprise 15% of the total particle exits at 62° N  
369 (Table 1).

370 The contribution of continental shelf particles to the dense water particles at the down-  
371 stream sections are summarized in Table 2 (No. dense). Overall, these KANGER and  
372 SHELF particles supply almost 35% of the particles at the SJ section (17% each). At the  
373 Angmagssalik array, 300 km further downstream, KANGER and SHELF particles make up  
374 9% and 17% of the dense particles, respectively. Thus, the dense water particles originat-  
375 ing on the continental shelf in the Denmark Strait make up a substantial part of the dense



376 particles in the Irminger Basin.

377 *d. Mean evolution south of the Denmark Strait*

378 We look now at the mean evolution of the particles classified by their release site. We  
379 compare the particle statistics to the results of Girton and Sanford (2003). They describe  
380 hydrographic observations conducted during two cruises in August 1997 and September 1998  
381 in the first 250 km downstream from the Denmark Strait Sill. These observations are most  
382 relevant to our results as the properties of the dense waters in the years 1997-98 and in 2003  
383 were similar in otherwise variable conditions (Yashayaev and Dickson 2008).

384 To allow comparison with these data that sampled the dense waters on the slope, we also  
385 consider dense particles located over a seabed deeper than 600 m. These are called SLOPE  
386 particles and the mean pathway of these observations (from averaging in 10 km-bins) is shown  
387 in Fig. 5a. Figure 5b shows the evolution of the mean potential density on particle subsets  
388 with downstream distance. We include observations from Girton and Sanford (2003, their  
389 Fig. 10) that should be compared to the SLOPE particles. Their density evolution (Fig. 5b)  
390 matches the observations well. There is a small discrepancy of  $\sim 0.02 \text{ kg m}^{-3}$  at 100 km  
391 from the sill that can be attributed to the flow variability. The rapid density decrease at  
392 125-200 km emphasized by Girton and Sanford (2003) is reproduced by the SLOPE particles.

393 Figure 5c shows the evolution of the mean vertical position in the same format as Fig. 5b.  
394 The comparison with Girton and Sanford (2003) is not straightforward, however. They used  
395 an averaging technique that emphasizes the densest waters and is difficult to reproduce here.  
396 Weighting the SLOPE particles by their deviation from  $\sigma_\theta=27.8$  (black dashed curve) yields  
397 a depth that is shallower than that of Girton and Sanford (2003). Focusing on the densest  
398 and deepest SLOPE particles gives good agreement however (pink line in Fig. 5c). We also  
399 plot the positions of the DSO core at the SJ section estimated from Fig. 6 in Brearley et al.  
400 (2012), which agree well with our results. Their observations include velocity and allow us to  
401 separate the DSO core from the more quiescent dense water filling the central Irminger Basin

402 (Girton and Sanford 2003 use only the density criterion). Similarly, the range of depths for  
403 the ( $\sigma_\theta \geq 27.8$ )-layer at the Angmagssalik section from Dickson et al. (2008) matches well.  
404 This good agreement indicates that the modeled plume is not too buoyant due to excessive  
405 mixing. It also highlights the sensitivity of the DSO depth diagnostic to the criteria used.

406 Now consider the unconventional pathways. The SHELF particles begin with a lower  
407 average density than the SILL particles (Fig. 5b) but their density decrease is (on average)  
408 weaker than the particles released in the sill. This is likely related to the presence of the front  
409 in the sill and cross-frontal mixing involving mostly the SILL particles. As a result, at the SJ  
410 section the SHELF particles approach the SILL particles in the mean density. On average,  
411 the SHELF particles undergo a greater increase in depth and are deeper than the SILL  
412 particles at the SJ section. The KANGER particles undergo strong mixing during spilling  
413 off the shelf at 150–230 km (see next section and Magaldi et. al., 2011). They become lighter  
414 than SILL or SHELF particles (by  $0.01 \text{ kg m}^{-3}$ ) and remain slightly higher (by 100-200m)  
415 in the water column during their subsequent transit along the shelf break.

416 Beyond 250 km from the DSE section, the ensemble-mean densities for all the particle  
417 subsets remain fairly constant implying that diapycnal mixing with other water masses is  
418 weak. This is true also for the temperature and salinity. This result agrees with Voet and  
419 Quadfasel (2010) who inferred a small change in the mean temperature downstream of the  
420 SJ section based on moorings and hydrographic sections along the slope.

#### 421 *e. Property changes*

422 Now consider the property changes along the particle trajectories. Figure 6a shows the  
423 time series of the fraction of particles that remain dense ( $\sigma_\theta \geq 27.8$ ), transform to inter-  
424 mediate ( $27.7 < \sigma_\theta < 27.8$ ) and light ( $\sigma_\theta \leq 27.7$ ) densities. The largest density decrease  
425 occurs during the first 20 days when 20% of the particles experience a drop in density to  
426  $\sigma_\theta \leq 27.8$ . After 20 days, the loss due to exit becomes the dominant reason for the loss of  
427 particles from the dense class (Fig. 6a also shows the fraction of particles that reach  $62^\circ \text{N}$ ).

428 The transformation into the light class is low (5%) and occurs on the shelf. The statistics  
429 for the SILL particles are shown with dashed lines. They transform more than twice as fast  
430 as the total deployment (50% are transformed within 20 days), which is likely due to intense  
431 mixing as the overflow waters cascade over the sill into deep water (Tanhua et al. 2008; Voet  
432 and Quadfasel 2010). The SILL group also exits quicker, by following the direct, fast route  
433 along the slope.

434 Figure 6b shows locations of strong transformation, that is, particle positions at times  
435 when the density tendency on trajectories ( $D\sigma_\theta/Dt < -0.025, -0.05$  and  $-0.1 \text{ kg m}^{-3} \text{ day}^{-1}$ ).  
436 The strongest transformation occurs between 50 and 250 km downstream of the Denmark  
437 Strait, with two mixing hot spots. One is centered at ( $-29^\circ \text{ E}, 66^\circ \text{ N}$ ), 50-100 km from the sill.  
438 The second is centered at ( $-32^\circ \text{ E}, 65.4^\circ \text{ N}$ ), 50-100 km northeast of the SJ section. Strong  
439 transformation also occurs close to the coast, near the Kangerdlugssuaq fjord. We assess  
440 the nature of the mixing processes from the histograms of  $D\theta/Dt$  and  $DS/Dt$  corresponding  
441 to the strongest transformation events. Distributions of  $DS/Dt$  are presented in Fig. 6c.  
442 The transformation along the slope results from mixing with the modified AW carried by  
443 the Irminger Current (both temperature and salinity increase with average tendencies of  
444  $2^\circ \text{ C day}^{-1}$  and  $0.07 \text{ day}^{-1}$ , respectively). This mixing is consistent with the multi-parameter  
445 analysis of Tanhua et al. (2008). The transformation near the Kangerdlugssuaq Trough, on  
446 the other hand, involves mixing with fresh PSWw ( $DS/Dt < -0.3 \text{ day}^{-1}$ ; the temperature  
447 change is weaker because of a wide range of temperatures in PSWw).

448 Figure 6d shows locations where the density  $\sigma_\theta$  drops below the 27.8 threshold, namely,  
449 where particles obtain intermediate density. Most of the particles transform in the vicinity  
450 and downstream of the areas of intense mixing between the sill and the SJ section. The SILL  
451 and SHELF particles transform closer to the sill, and KANGER particles transform closer  
452 to the SJ section. Particles that transform to intermediate density on the shelf are mainly  
453 from the KANGER set.

454 As a result of transformation, the particles span a wide range of densities at the SJ section.

455 We average  $\sigma_\theta$  on particles recorded at the section to quantify the transformation and to  
 456 compare the Lagrangian and the Eulerian means. Figure 7a shows mean particle density  
 457 at the SJ section. The particles occupy a 200m-thick layer draped over the slope between  
 458 200 and 2000m depth. Although this water originated at the DSE section at  $\sigma_\theta \geq 27.8$ , the  
 459 densities at the SJ section encompass both dense and intermediate values. Fig. 7b shows the  
 460 60-day Eulerian mean density field from the circulation model, interpolated on non-empty  
 461 bins in Fig. 7a. The mean particle densities are on average greater than the mean Eulerian  
 462 densities. The reason is the particle densities comprise only the contribution from initially  
 463 dense water, whereas the Eulerian density field also includes the less dense ambient water.

464 The inset panel in Fig. 7a shows the dominant contributions from SILL, SHELF and  
 465 KANGER particles to the DSO at the SJ section. Unsurprisingly, the core of the dense  
 466 water plume centered at  $\sim 1700$ m is formed mainly of SILL particles. However, the SHELF  
 467 particles dominate the deepest parts of the overflow; they are also the densest. The likely  
 468 reason is that SHELF particles spill from the DB about 200 km upstream of the SJ section  
 469 avoiding strong transformation experienced by the other particles.

#### 470 *f. Transit time statistics*

471 Next we focus on the transit-time statistics to the SJ and Angmagssalik sections. Figure  
 472 8 shows particle transit time distributions<sup>7</sup> (hereafter, PTTDs) at the SJ (panel a) and  
 473 Angmagssalik (panel b) sections. The number of particles arriving at the two sections, the  
 474 modal transit times,  $\mathcal{M}$ , and the mean transit times,  $\langle \tau \rangle$ , are listed in Table 2. Because

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<sup>7</sup>We use *transit-time distribution* in a different way than Haine and Hall (2002) who refer to the Green's function of the advection-diffusion equation. In their definition, transit time means the elapsed time since a fluid parcel at an interior point last had surface contact. Their transit-time distribution is equivalent to the asymptotic distribution of particle transit times for particles released at the SJ and Angmagssalik sections and integrated backwards until they reach the sea surface. This is a different diagnostic than that presented here although both may legitimately be called transit-time distributions.

475 some particles do not reach the two sections within the integration period,  $\langle\tau\rangle$  is biased low.  
476 To estimate this bias and get a more robust estimate of the mean transit time we fit PTTD  
477 tails with exponential functions and extrapolate. This estimate,  $\langle\tau\rangle_\infty$ , is also listed in Table  
478 2.

479 First, note that Fig. 8a shows that modal transit times computed for all the particles  
480 and only the dense ones are very similar (see also Animations 3 and 4 in the Supplementary  
481 material). The implication is that the velocity field carrying the transformed particles is  
482 similar to the one carrying the dense particles. Consistently, the horizontal velocity field at  
483 the East Greenland shelf break varies little in the vertical (see Magaldi et. al. 2011, Fig. 14  
484 and Brearley et. al. 2012, Fig. 6b). For that reason we focus on the travel time statistics  
485 computed from all the particles.

486 The modal transit times  $\mathcal{M}$  for the SILL particles are very distinct and centered at 5 and  
487 13 days for the Spill Jet and Angmagssalik sections, respectively (Fig. 8a, Table 2). The  
488 SILL particles, which are the majority of the particles arriving at the two sections during  
489 the simulation, determine the modal peaks for the whole data set. The SHELF particles  
490 also exhibit a clear mode in transit times, but it occurs 5-6 days after that of the SILL.  
491 This difference approximates the time for recirculation of the SHELF particles on the Dohrn  
492 Bank before they spill off the shelf break. The PTTD of the KANGER set is much broader,  
493 with two peaks corresponding to the two events of spilling over the shelf break (at 25 and  
494 50 days at the SJ section and 30-40 days and  $> 50$  days at the Angmagssalik section). See  
495 the Animations in the Supplementary material for visualization of the spilling events.

496 Remarkably, the shapes of the SILL and SHELF PTTDs at the two sections are very  
497 similar (Figs. 8a–b). The PTTD at the Angmagssalik section is delayed by 6-7 days relative  
498 to that at the SJ section. This delay provides an estimate for the mean advective time scale  
499 between the sections and corresponds to a mean speed of  $\sim 0.6$  m/s. The similarity of the  
500 PTTDs is consistent with advection by the shelf break current downstream of the SJ section  
501 (see Fig. 1a), with little dispersion of the particles compared to that occurring in Denmark

502 Strait and on the shelf (Fig. 5a).

503 The modal transit times  $\mathcal{M}$  for the dense particles arriving at the SJ section, projected  
504 onto their deployment location along the DSE section, are shown in Fig. 8c. In general, the  
505 transit times decrease with the distance from the Greenland coast. The SILL particles are  
506 the fastest ( $\sim 1$  week). The particles deployed on the western side of the Kangerdlugssuaq  
507 Trough have smaller  $\mathcal{M}$  than the particles deployed on the eastern side by about one week.  
508 The explanation is the cyclonic recirculation in the Trough that brings the western KANGER  
509 particles directly to the shelf break where they spill. The eastern KANGER particles move  
510 northwest along the Trough first before turning toward the shelf break. The particles released  
511 in the quiet interior of the Trough take more time to enter the rim circulation and have the  
512 greatest  $\mathcal{M}$ . The figure corresponding to Fig. 8c for the Angmagssalik section has a similar  
513 pattern, but the  $\mathcal{M}$  values are about one week longer.

514 Figure 8d shows the PTTDs against distance from the DSE section. The modal speed  
515 calculated from the slope of the line traced by modal peaks (black dashed line) is as low as  
516 0.2 m/s in the first 50 km from the Denmark Strait, then increases to over 0.7 m/s where the  
517 particles descend into deep water, and then remains almost constant until the Angmagssalik  
518 section (0.58 m/s as calculated from the slope between 175 and 625 km). These speeds are  
519 consistent with those estimated from observations by Krauss (1996). He found maximum  
520 speeds of 0.5-0.6 m/s at the overflow interface, associated with the passage of boluses. The  
521 mean speeds, derived from the mean transit times (yellow line), are lower than the modal  
522 speeds, but follow a similar pattern. The mean particle speed is low ( $\sim 0.2$  m/s) within  
523 the first 150 km (where most recirculation takes place; see Fig. 1a and Animations), and  
524 increases past the SJ section to  $\sim 0.4$  m/s in the shelf break jet.

525 These particle transit-time statistics are derived from an 8 week-long integration, and  
526 70% of the particles remain in the domain during this period. Nevertheless, the modal  
527 transit times for the SILL and SHELF particles are robust because the simulation period is  
528 approximately three times longer than the modal times at Angmagssalik for these particles.

529 Their mean transit time statistics are biased low, but only by 1-2 days (Table 2). It is likely  
530 that further modal peaks exist for the KANGER particles at  $\tau > 57$  days. It is thus not  
531 possible to obtain robust estimates of  $\langle\tau\rangle$  for them from extrapolation although  $\langle\tau\rangle$  is likely  
532 much longer for KANGER particles than the other sets.

## 533 4. Summary and discussion

534 In this study we explore the fate of dense water at the Denmark Strait. Using a high  
535 resolution model, we deploy over 10,000 particles in the model dense waters at the Denmark  
536 Strait and follow them through the Irminger Basin. To our knowledge, this is the first  
537 Lagrangian study of the DSO. The main findings and their implications are as follows.

538 We confirm that the model deep circulation is realistic. The model accurately reproduces  
539 volume transports, hydrographic properties, and overflow structure in the Denmark Strait.  
540 Several phenomena previously seen in observations are captured by the model, such as the  
541 presence of fresh lenses capping the dense water plume, the westward migration of the front  
542 during low-overflow periods at the sill, and the presence of dense water on the continental  
543 shelf (Rudels et al. 1999, 2002b). The model volume transports and hydrography compare  
544 well with the measurements at the SJ section (285 km downstream) and at the Angmagssalik  
545 section (530 km downstream).

546 The particles are deployed in waters satisfying  $\sigma_\theta \geq 27.8$  on a section crossing the entire  
547 Denmark Strait. The section includes the DS sill (where the existing DSO measurements are  
548 concentrated), the adjacent East Greenland shelf, and the Kangerdlugssuaq Trough. The  
549 total deployment consists of ten releases every 12 hours. The multiple deployments capture  
550 the variability of the overflow through the sill which occurs in boluses passing every 2-5 days  
551 separated by periods of weak dense flow (e.g., Dickson et al. 2008). This work does not  
552 address seasonal or interannual changes.

553 From the particles, we derive pathways, quantify the rates of density transformation

554 and estimate travel time distributions for transit through the Irminger Basin. The particles  
555 show that the DSO plume in the Irminger Basin has other sources in addition to the dense  
556 boluses crossing the sill. The particles released on the continental shelf north-west of the  
557 sill (SHELF particles) and in the Kangerdlugssuaq Trough (KANGER particles) comprise  
558 over 70% of the particles deployed along the DSE section. These particles cross the shelf  
559 and spill over the shelf break, consistent with the observations of dense waters on the shelf  
560 (Rudels et al. 1999, 2002b; Pickart et al. 2005; Macrandar et al. 2007; Brearley et al. 2012).  
561 The particles reveal the complexity of the pathways of dense water from Denmark Strait  
562 (Figs. 5 a and 9). Over three quarters of the particles released in the Denmark Strait Sill  
563 (the conventional part of the overflow) cascade over the DS sill and follow the route along the  
564 shelf break to the Angmagssalik section. However, almost one quarter of the SILL particles  
565 recirculate anticyclonically on the Dohrn Bank and advect into the Kangerdlugssuaq Trough.  
566 Nearly half of the dense SHELF particles follow the same route. The other SHELF particles  
567 recirculate for about one week on the DB before spilling off the shelf break at  $-(29-30)^{\circ}\text{E}$   
568 and joining the along-slope route. The KANGER particles recirculate cyclonically in the  
569 Trough and begin spilling off the shelf break near the SJ section after 3 weeks. The complex  
570 pathways in the Strait and on the shelf retard the southward progression of the particles,  
571 and after two months nearly 60% are still within 200 km of their deployment site. Most of  
572 these are from the KANGER and SHELF deployments (78% and 12%, respectively) and the  
573 remaining 10% are SILL particles swept via the DB anticyclone toward the Kangerdlugssuaq  
574 Trough.

575 The SHELF and KANGER particles constitute 17% and 9%, respectively, of the dense  
576 water particles recorded at the Angmagssalik section during the two-month simulation. This  
577 contribution of continental shelf particles is likely an underestimate because most of SHELF  
578 and KANGER particles are still in the Denmark Strait when the simulation ends. These  
579 Lagrangian results cannot be converted into Eulerian volume transports split into source  
580 components at downstream sections because the particles crossing a particular section sample



581 only a subset of all the possible upstream origins.

582 Property time series along the particle trajectories visualize water-mass transformation  
583 processes. We verify that particles recorded along the conventional DSO route evolve consis-  
584 tently with the hydrographic observations by Girton and Sanford (2003) of the mean DSO  
585 plume position and density. The particles reproduce the rapid density decrease in the first  
586 200 km from the sill, followed by little density change between the SJ and the Angmagssalik  
587 sections, consistent with observations (Voet and Quadfasel 2010). This gives confidence that  
588 our short-time particle experiment represents the observed properties of the dense waters.

589 There are two main regions of rapid transformation along the slope. The first is imme-  
590 diately downstream of the sill where dense boluses descend into the Irminger Basin. The  
591 second is upstream of the SJ section, where KANGER particles spill off the shelf. In both  
592 places the dense waters mix with the warm salty Atlantic waters, in line with observations  
593 by Tanhua et al. (2005) and Brearley et al. (2012). Notably, the densest particles in the  
594 along-slope flow at the SJ section are those released on the shelf. This is consistent with  
595 Rudels et. al., 2002 and Falina et. al., 2012, who observed shelf water with  $\sigma_\theta \sim 27.9$  and  
596 postulated that it feeds the DSO after spilling over the shelf break. These SHELF particles  
597 avoid the regions of intense mixing and undergo relatively little transformation. We also  
598 find strong transformation further north, on the shelf close to the Greenland coast, where  
599 dense waters from the Kangerdlugssuaq Trough mix with Polar Surface Waters, again in  
600 line with Tanhua et al. (2005). Thus, Atlantic and Polar waters contribute to the overflow.  
601 Variability in these water masses may imprint on the dense overflow to the North Atlantic.

602 As a result of this transformation, the Denmark Strait waters decrease their density. At  
603 the Angmagssalik section, 30% of the particles have transformed to intermediate density  
604 ( $27.7 \leq \sigma_\theta < 27.8$ ) within the 2-month simulation. Therefore, defining DSOW in the  
605 Irminger Basin with a density (or temperature) criterion is misleading because dense water  
606 at Denmark Strait is transformed by mixing. On this issue, Brearley et al. (2012) analyzed  
607 velocity and oxygen data from the SJ section and observed well ventilated, southward flowing

608 water as light as  $\sigma_\theta = 27.7$  with DSO oxygen levels. Our results show that a large part of  
609 this water may have been at Denmark Strait with  $\sigma_\theta \geq 27.8$ . A DSOW definition that  
610 accounts for water mass transformation is needed to accurately track the fate of dense water  
611 at Denmark Strait. The Lagrangian diagnostics presented here meet this need.

612 Finally, we estimate transit times from Denmark Strait. The modal transit time for the  
613 particles released at the DS sill to the SJ section is 5-6 days. The corresponding speed is  
614 0.65 m/s. The modal transit time from the sill to the Angmagssalik section is 2-3 weeks.  
615 The particles released on the shelf adjacent to the sill recirculate before spilling over the  
616 shelf break and joining the overflow from the sill, and their modal transit times are longer  
617 by about a week. The mean transit times are 1-6 days longer than the modal times for these  
618 two sets of particles. The KANGER particles recirculate in the Denmark Strait for several  
619 weeks (80% remain within 200 km of their release site during the 2-month simulation). The  
620 KANGER particle transit time distributions to the SJ and Angmagssalik sections are broad  
621 and the mean transit times have not converged. Their modal transit times are 3 and 5 weeks  
622 to the SJ and Angmagssalik sections respectively, significantly longer than for the particles  
623 released near and at the DS sill.

624 This study addresses the fates of the dense waters at the DS. It relies on particle deploy-  
625 ments at the DS and the forward integration of their trajectories. It focuses on pathways  
626 and travel times to the sections downstream and on transformation of the dense waters.  
627 It is also possible to diagnose the origin of dense waters at sections in the Irminger Basin.  
628 Addressing this question requires particle deployments at the sections of interest and the  
629 backward integration of their trajectories. Such an experiment would reveal the origins of  
630 water entrained into the DSO. We will address this issue in a future study. Future work will  
631 also quantify the mixing rates and eddy fluxes responsible for the density transformation  
632 and entrainment in the overflow, which is essential to the proper parametrization of these  
633 processes.

634 Our modeling study has elucidated complexity of the dense overflow in the Irminger Basin

635 that is not apparent in the available observations (see Fig. 8 for a schematic summary). In  
636 particular, we have mapped the dense water pathways on the shelf and showed that this  
637 water makes an important contribution to the overflow. If these findings are confirmed  
638 by future measurements, our perception of Denmark Strait Overflow should be recast to  
639 include dense water masses on the continental shelf with different pathways, histories, and  
640 time scales. Such an effort to observe these components of the Denmark Strait circulation  
641 is an important priority.

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## 750 List of Tables

- 751 1 Particle position statistics for the whole data set (ALL) and each of three  
752 subsets (SILL, SHELF, KANGER; see text). (No.) is the total number of  
753 particles; (Exit) is the number of particles that exit at 62° N during the 8-week  
754 simulation; (North-DSE) is the number of particles that are north of the DSE  
755 section after the 8-week simulation; (200km-DSE) is the number of particles  
756 located within 200 km of the DSE section after the simulation; No(shelf) is  
757 the number of particles present on the East Greenland Shelf (west of -34° E  
758 and water depth < 500 m) for at least one day during the simulation. 33
- 759 2 Transit time statistics from the Denmark Strait to the Spill Jet and Angmagssa-  
760 lik sections. (No.) is the number of particles recorded;  $\mathcal{M}$  (days) is the modal  
761 particle transit time;  $\langle\tau\rangle$  is the mean particle transit time from the 57-day  
762 long trajectories. The standard error quantifies the uncertainty on  $\langle\tau\rangle$ .  $\langle\tau\rangle_\infty$   
763 is the mean transit time estimate obtained by extrapolating the tails of the  
764 particle transit time distributions. The values  $\langle\tau\rangle_\infty$  for KANGER particles  
765 and ALL particles are not listed because extrapolation is too uncertain (see  
766 text). (No. dense) is the number of dense ( $\sigma_\theta \geq 27.8$ ) particles recorded. 34

TABLE 1. Particle position statistics for the whole data set (ALL) and each of three subsets (SILL, SHELF, KANGER; see text). (No.) is the total number of particles; (Exit) is the number of particles that exit at 62° N during the 8-week simulation; (North-DSE) is the number of particles that are north of the DSE section after the 8-week simulation; (200km-DSE) is the number of particles located within 200 km of the DSE section after the simulation; No(shelf) is the number of particles present on the East Greenland Shelf (west of -34° E and water depth < 500 m) for at least one day during the simulation.

Particle group	No.	Exit	North-DSE	200km-DSE	No(shelf)
ALL	11813	3737	3756	6906	401
SILL	3301	2278	545	736	178
SHELF	1843	892	623	802	86
KANGER	6669	567	2588	5368	137

TABLE 2. Transit time statistics from the Denmark Strait to the Spill Jet and Angmagssalik sections. (No.) is the number of particles recorded;  $\mathcal{M}$  (days) is the modal particle transit time;  $\langle\tau\rangle$  is the mean particle transit time from the 57-day long trajectories. The standard error quantifies the uncertainty on  $\langle\tau\rangle$ .  $\langle\tau\rangle_\infty$  is the mean transit time estimate obtained by extrapolating the tails of the particle transit time distributions. The values  $\langle\tau\rangle_\infty$  for KANGER particles and ALL particles are not listed because extrapolation is too uncertain (see text). (No. dense) is the number of dense ( $\sigma_\theta \geq 27.8$ ) particles recorded.

Section	Particles	No.	$\mathcal{M}$	$\langle\tau\rangle$	$\langle\tau\rangle_\infty$	No. dense
Spill Jet	ALL	4684	5	$16.9 \pm 0.2$	-	2245
	SILL	2532	5	$9.0 \pm 0.2$	9.3	1481
	SHELF	1021	11	$16.6 \pm 0.3$	17.7	391
	KANGER	1131	23	$34.8 \pm 0.3$	-	373
Angmagssalik	ALL	4032	14	$22.4 \pm 0.2$	-	1215
	SILL	2321	13	$16.4 \pm 0.2$	16.9	910
	SHELF	918	18	$22.9 \pm 0.3$	23.8	193
	KANGER	793	36	$39.3 \pm 0.3$	-	112

## List of Figures

- 1 Dense water in the Denmark Strait/East Greenland Shelf (EGS)/Irminger Basin (IB) model. For clarity, only a subset of the model domain is shown. a) Occurrence frequency [%] of dense waters ( $\sigma_\theta \geq 27.8$ ) during the 57-day run at any depth. The time- and depth-averaged dense ( $\sigma_\theta \geq 27.8$ ) current vectors are plotted where dense water exists in at least two vertical grid points for at least 36 days. The extended Denmark Strait Section (DSE) is plotted with a black line, and the traditional Denmark Strait Sill (DS Sill) section is plotted with a red line. The Spill Jet section (SJ) and the Angmagssalik array (ANGM), are indicated by red lines. The Dohrn Bank (DB) is also marked. The Kangerdlugssuaq Trough (KT) is outlined with the 450-m isobath in green. The [600, 1500, 2000, 2500]-m isobaths are superimposed. b) Snapshot of the depth-averaged density in the ( $\sigma_\theta \geq 27.8$ )-layer on 2 August 2003.
- 2 Water masses at the DSE section. a) Density on 4 July 2003, seen from the south. The distance along the section is calculated with the origin at the deepest location of the Denmark Strait sill ( $-27.4^\circ$  E,  $66.0^\circ$  N). Deployment locations of the three particle groups (KANGER, SHELF, SILL) are indicated with white dots, the white dashed lines separate the groups. b) Corresponding potential temperature ( $^\circ$  C) – Salinity diagram, color-coded by the along-section distance (the key to the distance markers is included at the bottom of panel a). The ( $\sigma_\theta = 27.8$ ) isopycnal is marked with a thick line. The following water masses are indicated (Rudels et al. 2002b): Atlantic Water (AW), Re-circulating Atlantic Water (RAW), Arctic Atlantic Water (AAW), Polar Intermediate Water (PIW) and Polar Surface Waters warm (PSWw). The dotted lines separate the PIW from AAW ( $0^\circ$  C isotherm) and AAW from RAW ( $2^\circ$  C isotherm).

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793 3 Particle trajectories from Denmark Strait. a) Trajectories color-coded by  
794 deployment subset (blue, cyan, and red mark SILL, SHELF, and KANGER  
795 particles, respectively). For clarity, only every 30th particle is shown. b)  
796 Percentage of particles that reached 62°N within 57 days, projected on the  
797 initial position along the DSE section. The distributions were calculated in  
798 20 km x 30 m bins. The black dashed lines separate the particle deployment  
799 groups. 41

800 4 A sequence of particle positions at day [1, 8, 15, 22, 36, 43] of the simulation  
801 projected onto the horizontal plane (colors as in Fig. 3). See also Animations  
802 in the Supplemental Material. 42

803 5 a) Pathways of the dense water deployed at the Denmark Strait. The shading shows  
804 the fraction, at each place, of the total number of particles for the given set that  
805 visits that place during the 60 day simulation. Only dense particles ( $\sigma_\theta \geq 27.8$ )  
806 are considered. In the SILL panel black dots mark the mean path of SLOPE  
807 particles (see text). b) Evolution of ensemble-mean particle density with distance  
808 from the sill. Superimposed with circles are the hydrographic observations from  
809 Girton and Sanford (2003). c) Evolution of ensemble-mean particle vertical position  
810 with distance from the sill. The pink line marks the maximum depths of the SLOPE  
811 particles. The green lines at the SJ and Angmagssalik sections depict depth ranges  
812 for DSO from Brearley et. al. (2012, Fig.6) and Dickson et. al. (2008, Fig.19.6).  
813 In panels b-c, the geographical distance from the particle release point is used. The  
814 results of Girton and Sanford (2003) were shifted from their reference point to match  
815 the ensemble-mean release position of the SLOPE particles at the deployment. 43

- 816 6 Water-mass property transformation. a) Percentage of particles in different  
817 density classes (relative to the total number of particles deployed) as a function  
818 of time: dense ( $\sigma_\theta \geq 27.8$ , blue), intermediate ( $27.7 < \sigma_\theta < 27.8$ , red), light  
819 ( $\sigma_\theta \leq 27.7$ , green). The gray curve shows the fraction of particles that reach  
820  $62^\circ$  N. The statistics for the SILL subset are shown with dashed lines. b)  
821 Particle positions when potential density transformation rate is high;  $\frac{D\sigma_\theta}{Dt} \leq$   
822  $-0.025$ ,  $-0.05$  and  $-0.1 \text{ kg m}^{-3} \text{ day}^{-1}$  (yellow, cyan, blue dots, respectively).  
823 c) Frequency histograms of salinity transformation rate  $\frac{DS}{Dt}$  from locations of  
824 strong density transformation ( $\frac{D\sigma_\theta}{Dt} \leq -1 \text{ kg m}^{-3} \text{ day}^{-1}$ ) on the shelf (blue) and  
825 along the continental slope (red). d) Locations of the transformation from  
826 dense to intermediate density (where  $\sigma_\theta$  first reaches 27.7), color-coded by  
827 the deployment group. All statistics presented in this figure are derived from  
828 one-day averaged property time series along particle trajectories. 44
- 829 7 Density diagnostics at the SJ section. a) Average  $\sigma_\theta$  on particles. The inset  
830 shows the dominant contributions from different deployment sets to the bins  
831 with average  $\sigma_\theta \geq 27.8$ . Bins with the average  $\sigma_\theta < 27.8$  are gray. b) Eulerian  
832 average  $\sigma_\theta$  from the numerical model. 45

833 8 Transit times from Denmark Strait. a) Particle transit time distributions  
834 (PTTDs) for the SJ section color-coded by the deployment site. The thick  
835 lines show distributions obtained from all particles, the dashed lines show  
836 distributions derived from dense particles ( $\sigma_\theta \geq 27.8$ ). b) Same as in panel a,  
837 except for the Angmagssalik section. c) Modal transit times to the SJ section  
838 projected onto the particle starting location along the DSE section. The  
839 black dashed lines separate particle deployment groups. d) Particle transit  
840 time distributions (PTTDs) against distance from the Denmark Strait for all  
841 particles. The color shows the fraction of total particle number. The black  
842 and yellow curves with circles trace the modal peaks and the means of the  
843 PTTDs, respectively. The two magenta lines show slopes corresponding to  
844 propagation speeds of 0.6 and 0.2 m/s. 46

845 9 Fates of dense Denmark Strait water. The schematic diagram is based on  
846 Figs. 3, 4, 5, and 7. It shows the pathways of dense ( $\sigma_\theta \geq 27.8$ ) Lagrangian  
847 particles over 60 days released at the Denmark Strait. At the Denmark Strait,  
848 dense water is found in the sill (blue), on the adjacent shelf (cyan), and in  
849 the Kangerdlugssuaq Trough (KT; red). Over 60 days these different water  
850 masses spread according to the arrows (the width of the arrows is proportional  
851 to the square root of the number of particles). There is cyclonic recirculation  
852 in the KT and anticyclonic recirculation on the Dohrn Bank (DB). Some  
853 of this recirculating water spills over the continental shelf break as shown.  
854 Modal transit times ( $\mathcal{M}$ ) are indicated for the Spill Jet and Angmagssalik  
855 sections (Table 2). The green dots show locations of strongest density loss.  
856 The gray shading indicates the distribution of dense particles regardless of  
857 starting location (i.e. the superposition of the three distributions in Fig. 4 a). 47

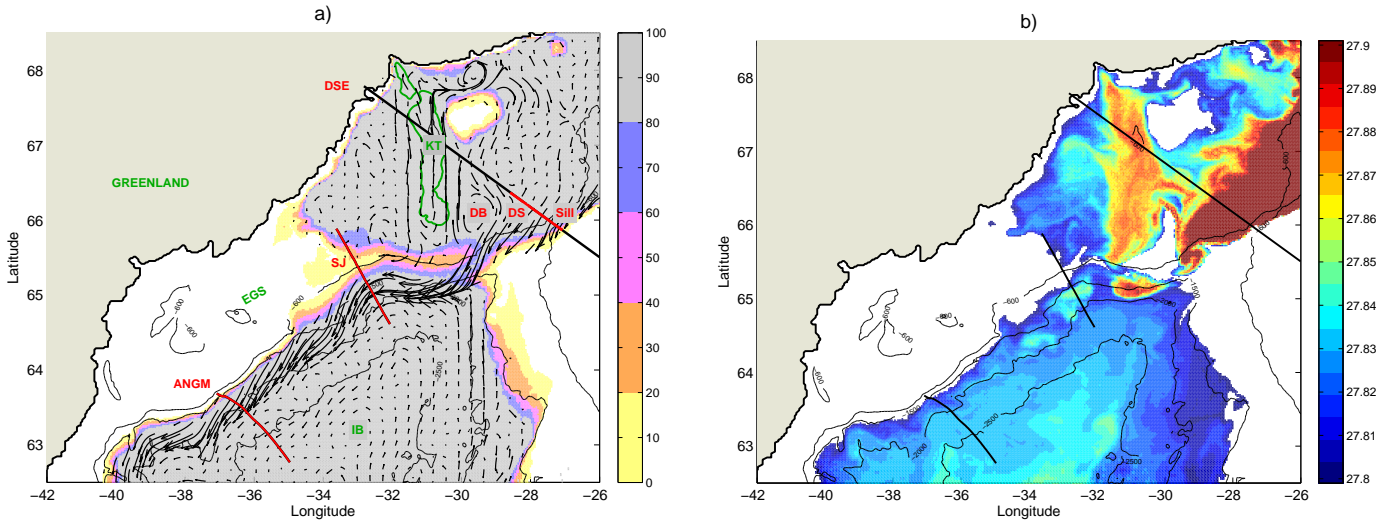


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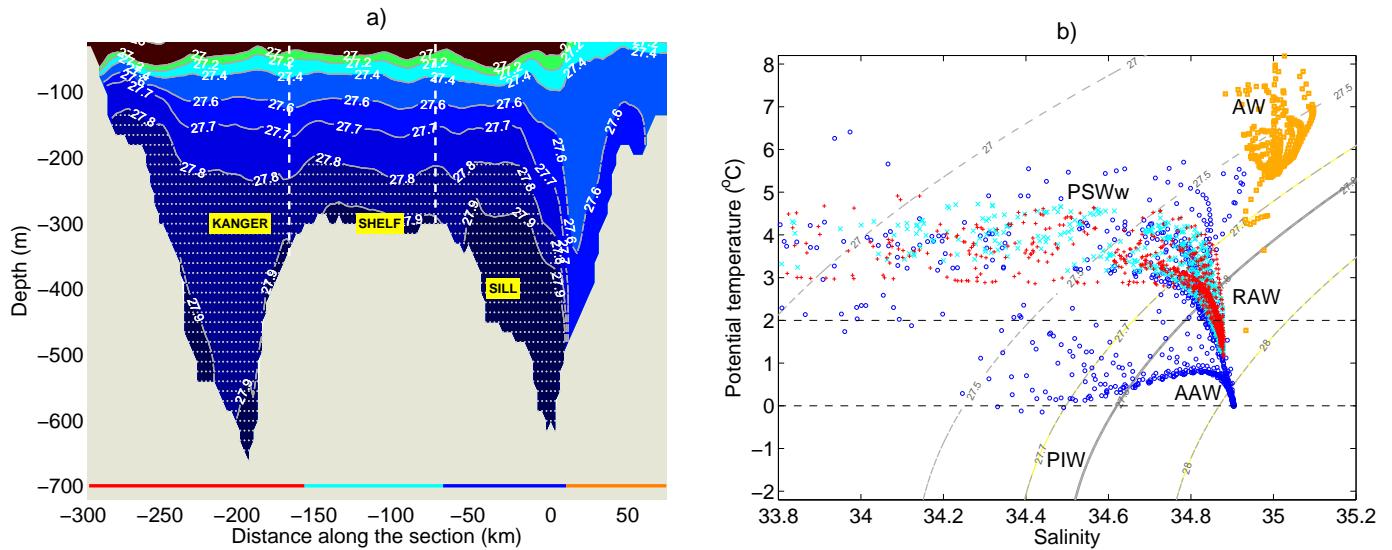


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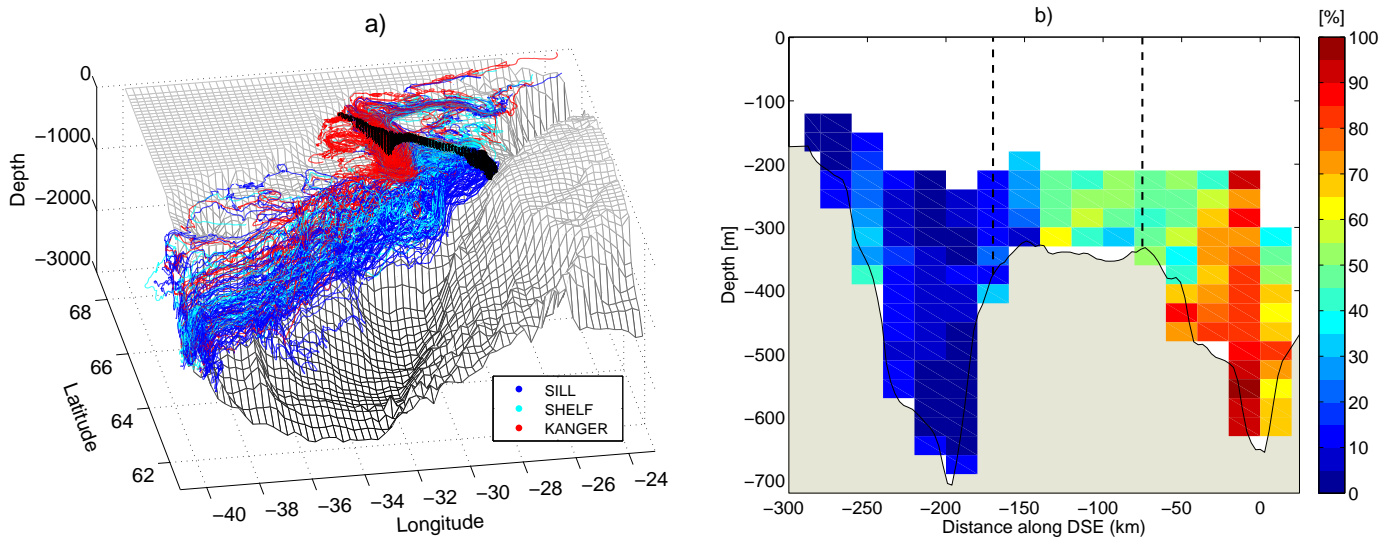


FIG. 3. Particle trajectories from Denmark Strait. a) Trajectories color-coded by deployment subset (blue, cyan, and red mark SILL, SHELF, and KANGER particles, respectively). For clarity, only every 30th particle is shown. b) Percentage of particles that reached  $62^{\circ}$  N within 57 days, projected on the initial position along the DSE section. The distributions were calculated in  $20 \text{ km} \times 30 \text{ m}$  bins. The black dashed lines separate the particle deployment groups.

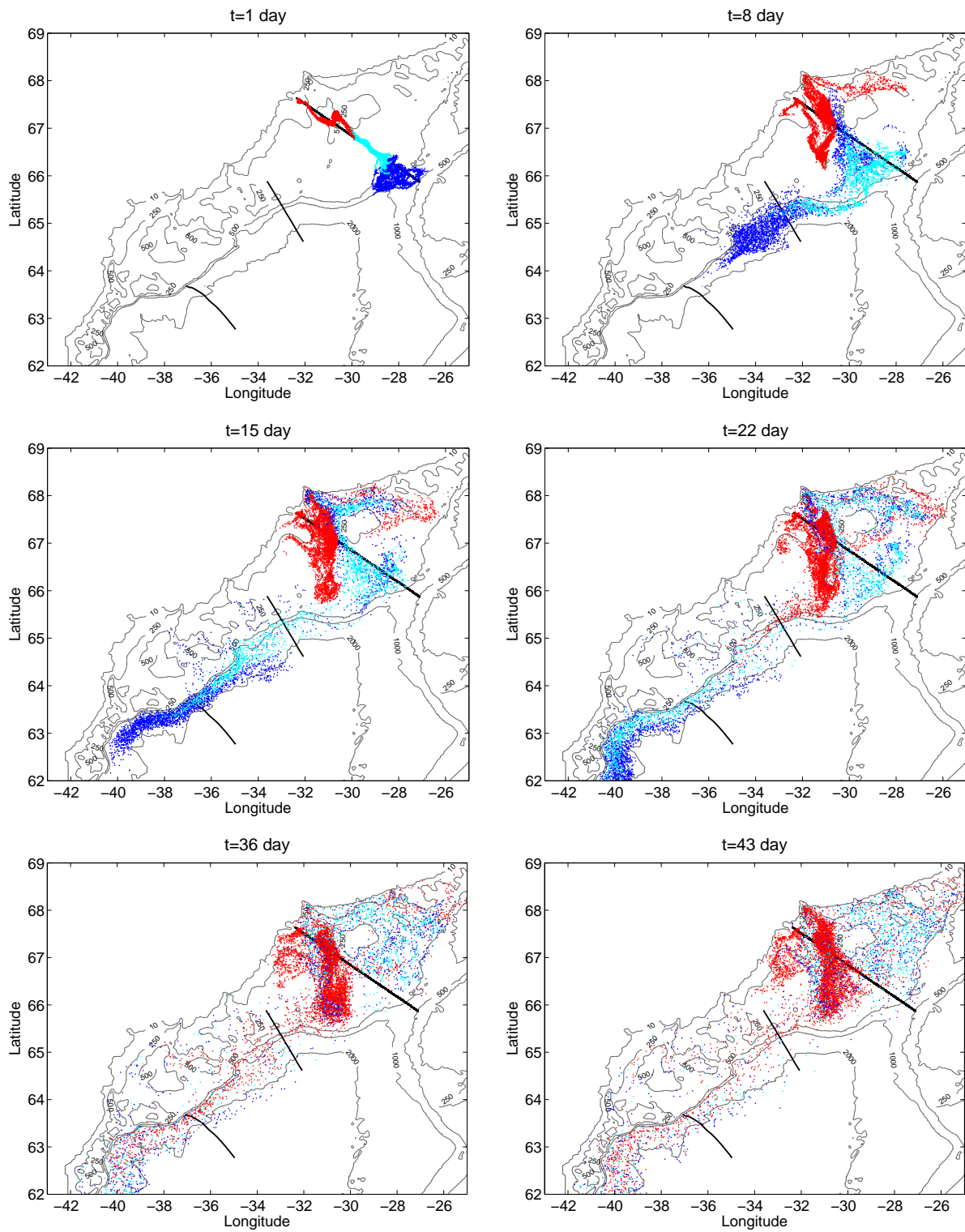


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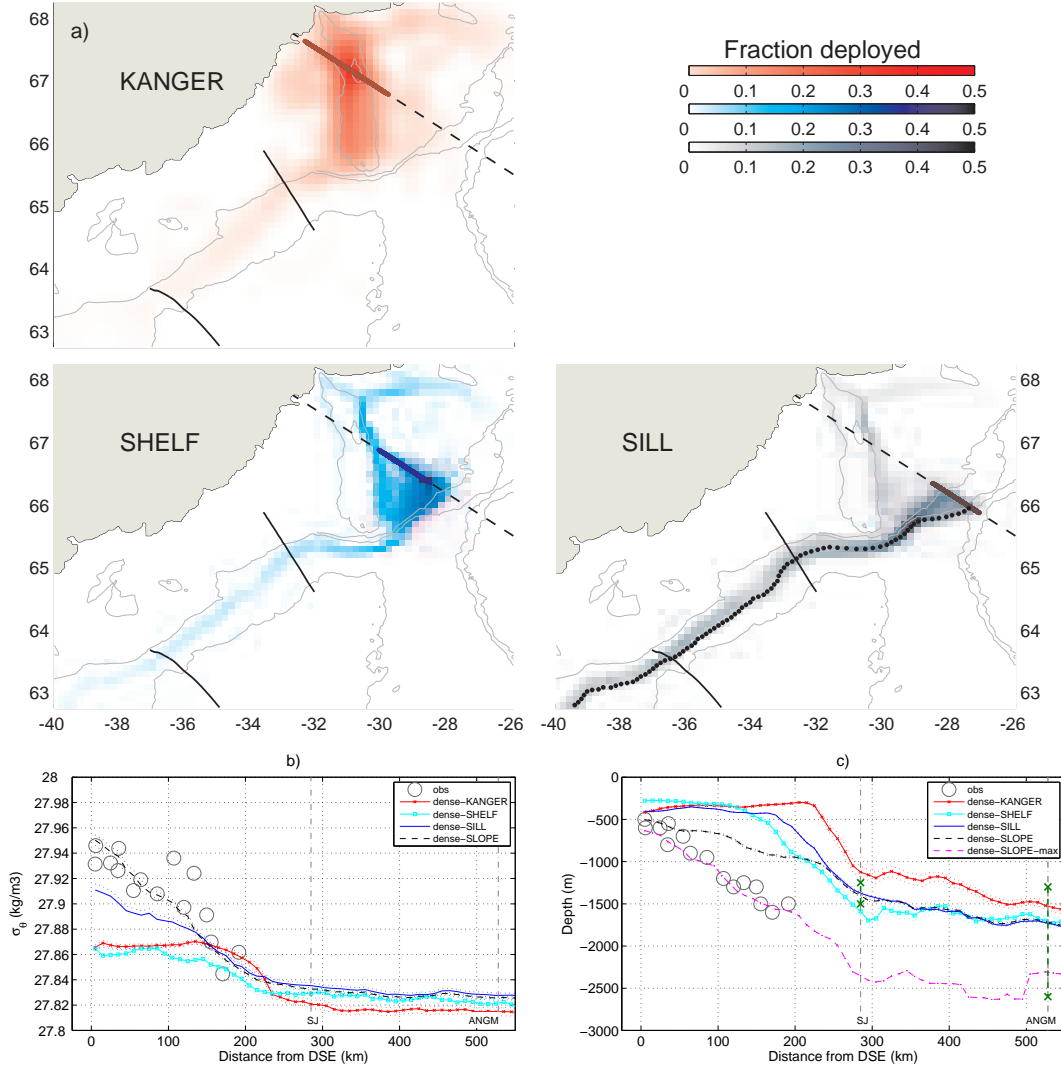


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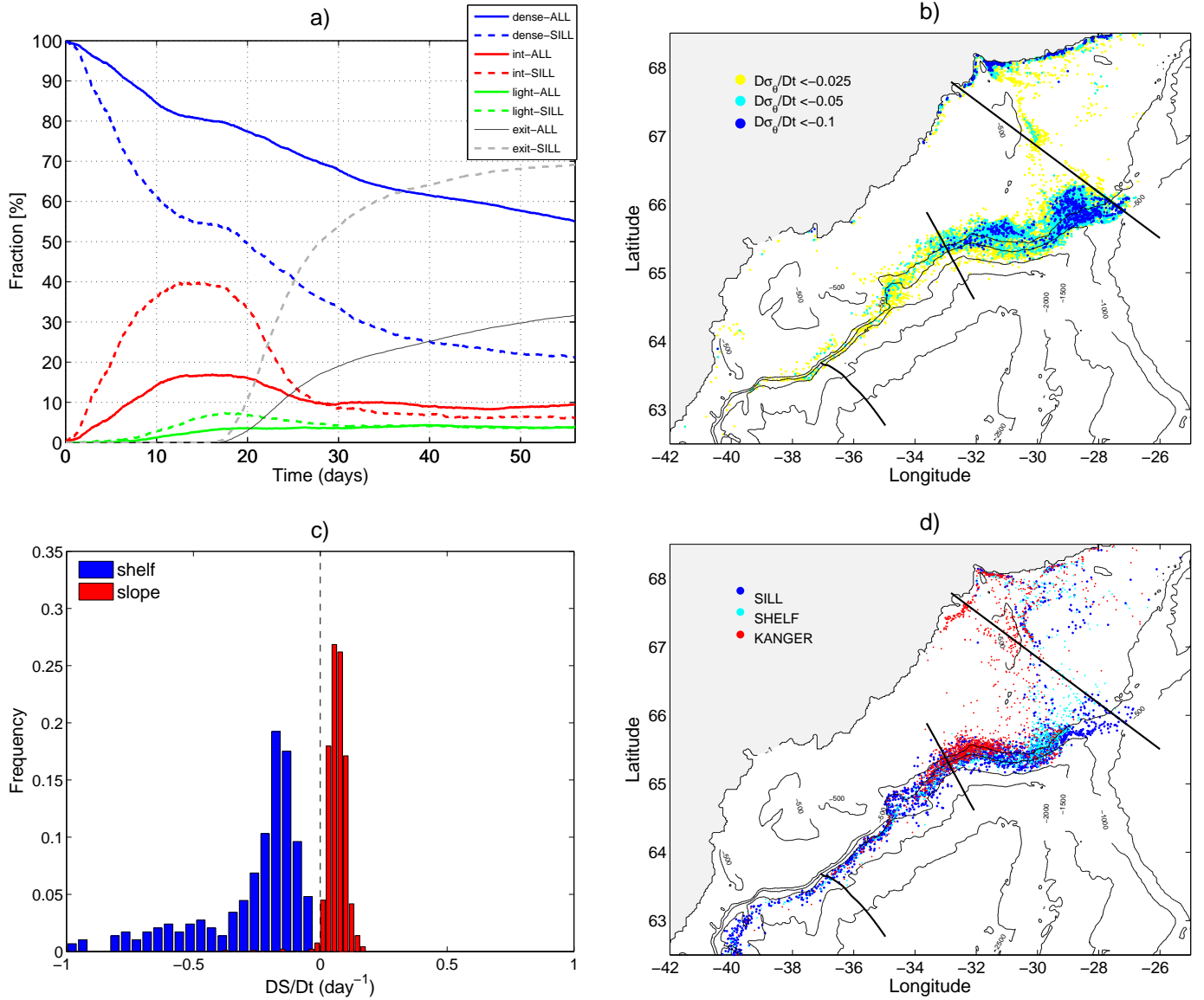


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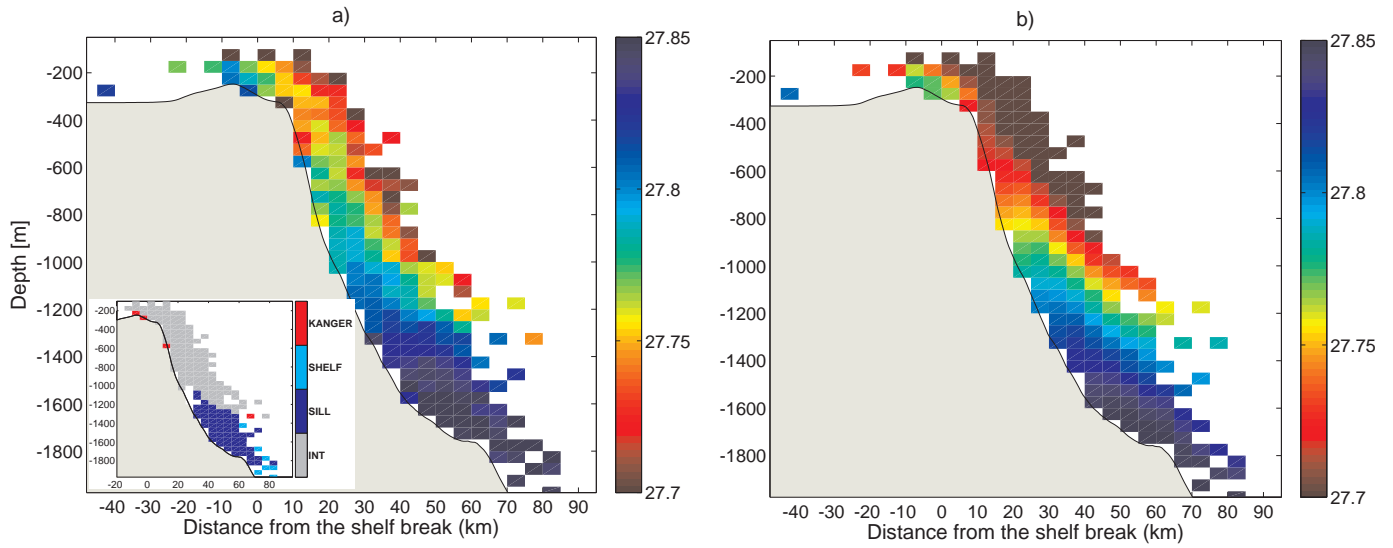


FIG. 7. Density diagnostics at the SJ section. a) Average  $\sigma_\theta$  on particles. The inset shows the dominant contributions from different deployment sets to the bins with average  $\sigma_\theta \geq 27.8$ . Bins with the average  $\sigma_\theta < 27.8$  are gray. b) Eulerian average  $\sigma_\theta$  from the numerical model.

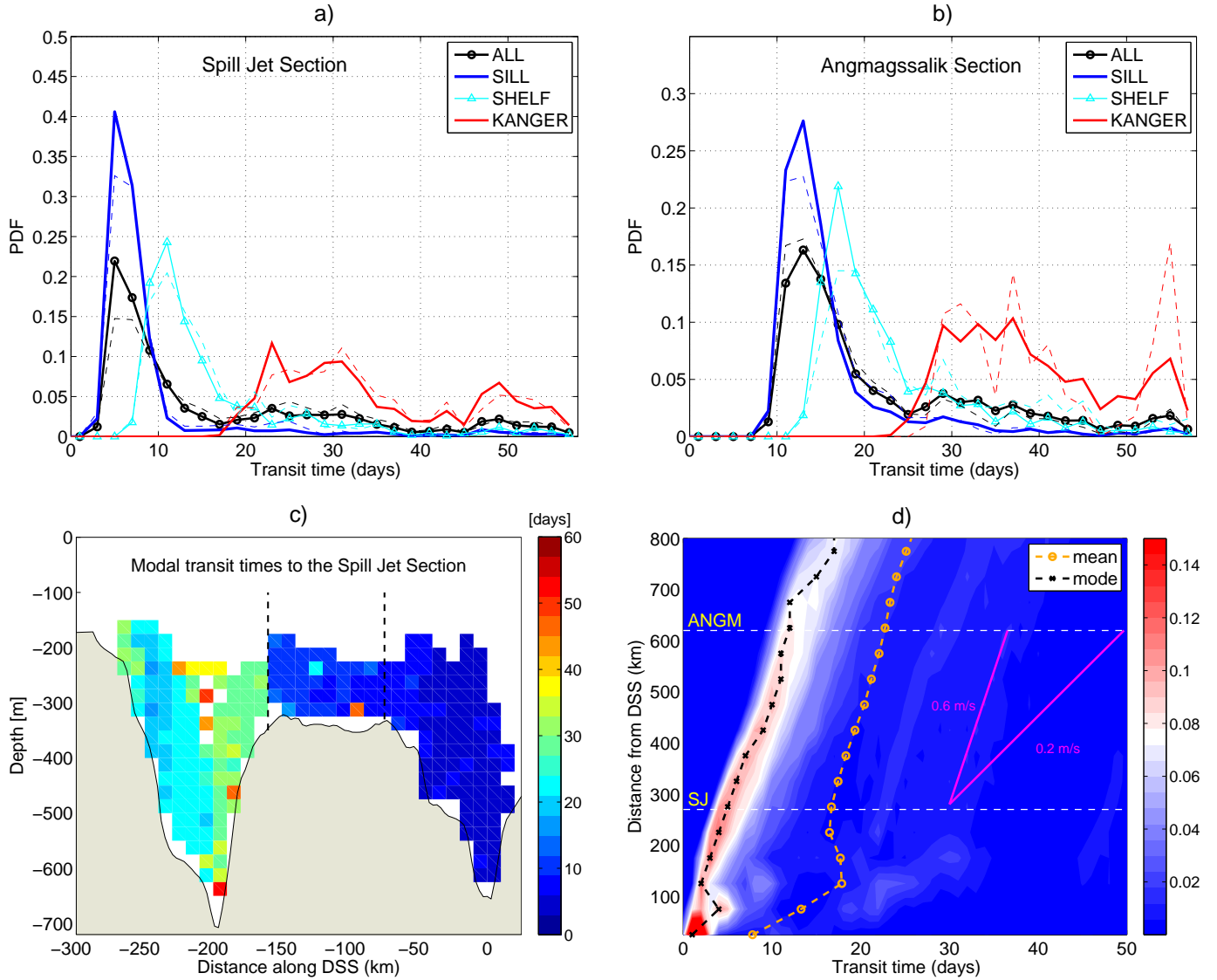


FIG. 8. Transit times from Denmark Strait. a) Particle transit time distributions (PTTDs) for the SJ section color-coded by the deployment site. The thick lines show distributions obtained from all particles, the dashed lines show distributions derived from dense particles ( $\sigma_\theta \geq 27.8$ ). b) Same as in panel a, except for the Angmagssalik section. c) Modal transit times to the SJ section projected onto the particle starting location along the DSE section. The black dashed lines separate particle deployment groups. d) Particle transit time distributions (PTTDs) against distance from the Denmark Strait for all particles. The color shows the fraction of total particle number. The black and yellow curves with circles trace the modal peaks and the means of the PTTDs, respectively. The two magenta lines show slopes corresponding to propagation speeds of 0.6 and 0.2 m/s.

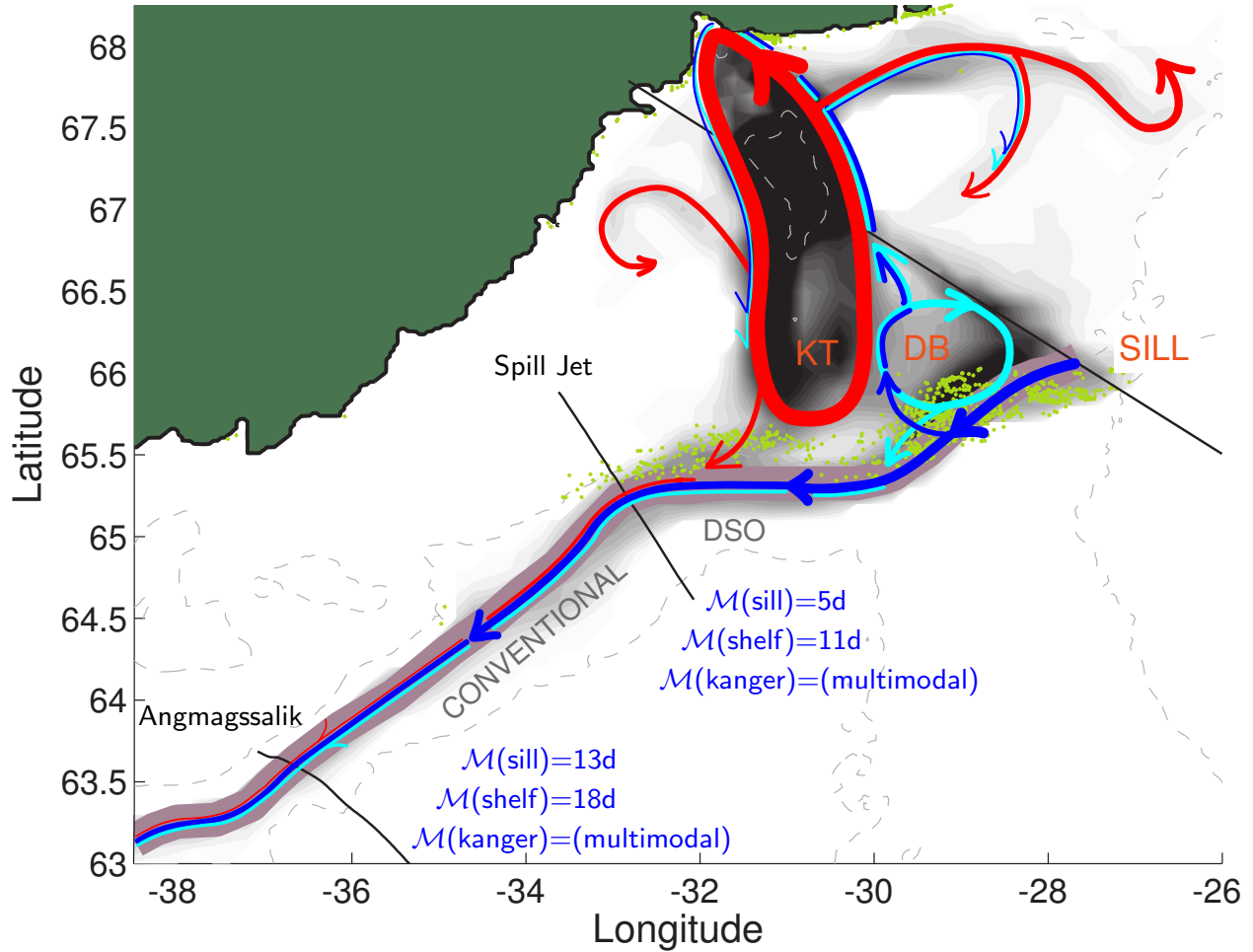


FIG. 9. Fates of dense Denmark Strait water. The schematic diagram is based on Figs. 3, 4, 5, and 7. It shows the pathways of dense ( $\sigma_\theta \geq 27.8$ ) Lagrangian particles over 60 days released at the Denmark Strait. At the Denmark Strait, dense water is found in the sill (blue), on the adjacent shelf (cyan), and in the Kangerdlugssuaq Trough (KT; red). Over 60 days these different water masses spread according to the arrows (the width of the arrows is proportional to the square root of the number of particles). There is cyclonic recirculation in the KT and anticyclonic recirculation on the Dohrn Bank (DB). Some of this recirculating water spills over the continental shelf break as shown. Modal transit times ( $\mathcal{M}$ ) are indicated for the Spill Jet and Angmagssalik sections (Table 2). The green dots show locations of strongest density loss. The gray shading indicates the distribution of dense particles regardless of starting location (i.e. the superposition of the three distributions in Fig. 4 a).